



Lara Fischel-Chisholm

Hair	Blonde - Dark
Eyes	Blue
Height	5'7" / 171 cm
DOB	1981

TELEVISION

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| 2019 | Shortland Street, 'Candace Edwards'
South Pacific Pictures, Dir: Various directors |
| 2015 | Westside: season II, 'TV Jazz Instructor'
South Pacific Pictures, Dir: Various directors |
| 2015 | Jono & Ben, 'Sorry Parody Sketch Dancer'
MediaWorks TV |
| 2010 | Shortland Street, 'Anita Goodall'
South Pacific Pictures, Dir: Various directors |
| 2008 | Power Rangers: Jungle Fury, 'Dr. Jennings'
Ranger Productions, Dir: Various directors |
| 2007 | Shortland Street, 'Polly Deaker'
South Pacific Pictures, Dir: Various directors |
| 2004 | P. E. T Detectives, 'Rosie'
Screentime Communicado, Dir: Various directors |

THEATRE

- | | |
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| 2019 | Top Town, 'Tracey'
Dynamotion, Dir: Lara Fischel-Chisholm & Tom Sainsbury |
| 2018 | Monster Mash, 'Mummy'
Dynamotion, Dir: Lara Fischel-Chisholm & Tom Sainsbury |
| 2017 | D. I. S. C. O, 'Bibi Van der Kunt'
Dynamotion, Dir: Lara Fischel-Chisholm & Tom Sainsbury |
| 2016 | Mia Blonde in Ice Dagger, 'Ima Hellavich'
Dynamotion, Dir: Lara Fischel-Chisholm & Tom Sainsbury |
| 2015 | Terror Planet, 'Lead'
Dynamotion / Tempo Festival / Body Festival, Dir: Lara Fischel-Chisholm & Tom Sainsbury |
| 2015 | Terror Highway, 'La Ronda (lead)'
Dynamotion / NZ Comedy Festival, Dir: Lara Fischel-Chisholm & Tom Sainsbury |
| 2015 | This Is My Real Job, 'Various (solo show)'
Basement Theatre / The Town Centre, Dir: Nisha Madhan |
| 2014 | Terror Highway, 'La Ronda (lead)'
Dynamotion, Dir: Lara Fischel-Chisholm & Tom Sainsbury |
| 2014 | LIES, 'Lara'
NZ Fringe / The Town Centre, Dir: Nisha Madhan |

2014	This Is My Real Job, 'Various (solo show)' Dunedin Fringe Festival, Dir: Nisha Madhan
2013	Terror Planet, 'Ensemble' Dynamotion, Dir: Lara Fischel-Chisholm & Tom Sainsbury
2012	Terror Planet, 'Ensemble' Musgrove Studio, Dir: Lara Fischel-Chisholm & Tom Sainsbury
2012	Cowboy Mouth / Love It Up, 'Cosmic Matriarch' Snake Pit / The Town Centre, Dir: Nisha Madhan
2012	Cirque Non Sequitur, 'Ensemble' Right Royal Cabaret Festival / Fuel Festival / Q Theatre, Dir: Eve Gordon
2012	Providence, 'Tamsin' Aotea Centre, Dir: Louise Tu'u
2011	A Krazy Kristmas, 'Vanessa' Basement Theatre, Dir: Prue Clarke
2011	In Flagrate, 'Dancer / Performer' Wellington / Auckland season, Dir: Mary Jane O'Rielly
2011	Love You Approximately, 'Lead' Wellington / Dunedin season, Dir: Julianne Eason
2010	The Christmas Monologues 2, 'Donna' Basement Theatre, Dir: Thomas Sainsbury
2010	Providence, 'Tamsin' Basement Theatre, Dir: Louise Tu'u
2010	TALK, 'Ginny' Musgrove Studio, Dir: Thomas Sainsbury
2010	The Continental Monologues: Africa, 'American Paleontologist' Te Karanga Gallery, Dir: Thomas Sainsbury
2010	The Monster Monologues: Do You Love Me, 'Girl' Te Karanga Gallery, Dir: Thomas Sainsbury
2010	The Awkward Monologues: Hallo, 'Anke' Te Karanga Gallery, Dir: Thomas Sainsbury
2009	The SEXY RECESSION Show, 'Guest Star - Holly Day' TAPAC, Dir: Eve Gordon
2009	Love You Approximately, 'Lead' The Clinic NZ & Spain tour, Dir: Julieanne Eason & Lucette Hindin
2009	The Pied Piper of Hamilton, 'Und Claudia / The Pieman / Facts / Councillor Svingers' Herald Theatre
2009	Hootchy Kootchy Girls: Mambo Italiano, 'Betty Beau Peep' Montecristo Room, Dir: Erin Basta
2008	Hootchy Kootchy Girls Burlesque, 'Betty Beau Peep' Montecristo Room, Dir: Erin Basta
2008	The Mall, 'Yvonne / Doctor / Sharisse / Nimi' Dir: Thomas Sainsbury
2005	Miss Kitty & the Cat's Meow Chorus, 'Flo' Dir: Helen Barrett
2004	Twelfth Night, 'Viola' RADA London
2003	Louisa May, 'Lizzie / Beth' UNITEC
2003	A Doll's House, 'Nora Helmer' UNITEC
2003	CUT OUT, 'Marsey' UNITEC

- 2002** **Big River, 'Company'**
UNITEC
- 2002** **The Love of the Nightingale, 'Iris / Aphrodite'**
UNITEC
- 2002** **Julius Caesar, 'Calpurnia'**
UNITEC

SHORT FILM

- 2012** **Shelved, 'Chantel'**
Media Design School, Dir: James Cunningham
- 2010** **The Boat, 'Lauren'**
Dir: Hans Edward Hammonds
- 2010** **12 Hours of Love, 'Mother'**
Dir: Hans Edward Hammonds
- 2008** **Hot Wax, 'Lee'**
Dir: Andrew Rutherford
- 2008** **Meat & Three Veg, 'Tracey'**
Dir: Katie Brockie
- 2004** **Vanity Fear, 'Alice'**
Dir: Andrew Rutherford
- 2003** **Something Interrupted, 'Joyce'**
UNITEC

AWARDS

- 2014** **Outstanding Performer nomination for 'This Is My Real Job'**
Dunedin Fringe Festival Awards
- 2014** **Most Original Concept nomination for 'This Is My Real Job'**
Dunedin Fringe Festival Awards
- 2013** **Best Animated Short for 'Shelved'**
New York International Film Festival
- 2013** **Best Animated Film for 'Shelved'**
Los Angeles Movie Awards
- 2013** **Best Animated Characters for 'Shelved'**
Los Angeles Movie Awards
- 2012** **Best Dancing in a Play for 'Terror Island'**
Hackman Theatre Awards
- 2011** **Best Weapon of the Year for 'In Flagrante'**
Hackman Theatre Awards
- 2010** **Best of Theatre 2010 for 'Providence'**
NZ Herald Best of Theatre Awards

VOICE WORK

- 2011** **Spartacus Loop Group**
The Walt Disney Company (NZ) Ltd

TELEVISION COMMERCIALS

- 2023** **SBS Bank**
NZ
- 2019** **Powershop**
NZ
- 2017** **BNZ**
NZ
- 2017** **Holden Trax**
NZ

2015	Canada Goose Worldwide, except North America
2014	Treasures NZ
2011	Natures Fresh NZ
2010	McDonalds NZ
2008	Plan B USA & Canada
2007	Light N Tasty NZ

TRAINING

2004	Acting Shakespeare Summer School Post Graduate Royal Academy Dramatic Art, London
01-03	UNITEC Graduate School of Performing & Screen Arts
1998	Associate Diploma in Speech & Drama Trinity College, London
1998	Acting in Pairs grade 8 Trinity College, London
1998	Advanced Certificate in Dance New Zealand Academy of Modern Dance
1998	Grade 8 Certificate in Classical Ballet Royal Academy of Dance
1997	Pre-Elementary Certificate in Classical Ballet Royal Academy of Dance

SKILLS

- Artist
- Choreographer
- Dancer
- Singer

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